

#### 48. DON'T GET HOOKED

(Stick a fish hook in a piece of cloth and show how difficult it is to back out the way it when in. )

Scouts, it sure was a cinch to put this fishhook into the cloth, but you can see how hard it is to back it out. It's just like a bad habit - awfully easy to start, but awfully hard to stop. Some guys your age have started to smoke. It was easy to start - as easy as it was for me to put the fishhook into the cloth.

Across our land millions and millions of smokers have tried to stop smoking and have failed. They just couldn't get the hook out. If it's so hard to stop and if so many smokers want to quit, then why start - why get the hook in - in the first place? Some people think it's manly to smoke. Take a look around you. Look at who is smoking.